



August 15, 2020

Dear Middle School Athletes and Parents/Guardians:

We are excited to announce that fall athletic programs will be returning to all EMS ISD middle schools beginning Tuesday, August 25. Students who intend to participate in football, tennis, volleyball, cross country, and gymnastics will be allowed on campus to practice or tryout for their team during our remote learning time. Each of our competitive seasons will commence during the week of September 14.

Prior to coming to campus, all athletes MUST have completed the appropriate paperwork and have a current physical. Please see below for explanation of the required paperwork and additional details for returning to athletics:

A School Sports Physical

- All incoming 7th graders must have a physical dated after May 1, 2020.
- All students who are new to the district in 7th and 8th grade must have a physical dated after May 1, 2020.
- Any student who attended EMS ISD middle schools last year, but did not play sports, must have a physical dated after May 1, 2020.
- The only students who do NOT need a current physical would be returning EMS ISD 8th grade students who have a physical on file from 7th grade.

Rank One Paperwork

- **For all 7th and 8th grade athletes**, parents must also complete the RankOne paperwork, which includes Medical History Form, Sports Participation Packet, and the Emergency Card. Please visit the following link to complete the RankOne online paperwork: <https://www.rankonesport.com/content/>

Athletic Uniforms

- Your child must purchase an athletic uniform. The athletic uniform consists of 1 shirt and 1 short. The cost is \$30.00. Your school and/or coach will be providing additional information regarding uniform purchases.

1st Day of Practice – during remote learning

- Volleyball teams will return to campus on August 25.
- Cross Country and Tennis teams will return to campus on August 25.
- Football will return to campus on Wednesday August 26.
- Time TBD by each middle school campus. Please note that ALL athletes attending morning workouts MUST be picked up by 8:45 am. Eighth-grade athletes along with all tennis players MUST arrive by 3:15 pm for after-school practices.

ALL ATHLETES MUST HAVE A MASK, WATER BOTTLE, AND AN ATHLETIC BAG.

A Frequently Asked Questions document has been developed to answer specific questions regarding added health safety measures for athletes as well as other details. Please review the attached FAQ and contact the athletic coordinators at your child's school if you have further questions. Thank you for your patience as we have worked to return athletic opportunities to our students in a safe and healthy environment.

Sincerely,

The EMS ISD Athletic Department